

Life and Novena

-- of --

St. Jude Thaddeus

## MY DAILY PRAYER

DEAR CHILD OF GOD:

This prayer comes to you as one of God's children. God is your kind, merciful, and loving Father. He is the most understanding and the most forgiving of all fathers. He really cares for you. He loves you; and He wants you to know Him, love Him, and serve Him in this world and be perfectly happy, for all eternity, in the world to come. This is your longing desire—the salvation of your soul—after all, the only thing that counts. "My Daily Prayer" will be for you a wonderful help in attaining this all-important end. Say it earnestly and fervently. Make it a real prayer. Let every word come from your heart. Say it every day. May God bless your efforts!

(See Inside Back Cover for Prayer)

## Life and Novena of St. Jude Thaddeus



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WITH THE APPROVAL OF THE ORDINARY  
MARCH 15, 1943

## A Clue to Peace of Heart

Detach your heart from the things of this world. Cling to God. Strive to see the Providence of God in all things without exception, and acquiesce in His holy Will with absolute submission. Do everything for God, uniting yourself to Him by an act of perfect love. Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inward tranquility for anything whatsoever, even if the whole world seems upset. Commend all to God, and then abide steadfast in a determination to cling simply to God, trusting in His eternal love for you. If you find that you have wandered forth from His shelter, return to Him quietly and simply. Maintain a holy peacefulness of mind, and do not smother yourself with a host of cares and worries under any pretense whatsoever.

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### *A Prayer*

Not the grace Thou gavest Paul  
Who saw Thy Stephen stoned,  
Not the grace that Peter won  
When tears his crime atoned,  
But, ah, dear Jesus, give to me  
The grace that Thou on Calvary  
Didst give the thief who at Thy side,  
Repenting hung—repenting died.

## The Life of St. Jude

St. Jude Thaddeus was a cousin of Our Divine Lord and one of the twelve apostles chosen by Jesus to spread the Kingdom of God to the uttermost parts of the earth.

He is surnamed "Thaddeus" to distinguish him from Judas Iscariot, the traitor.

St. Jude was the son of Cleophas and Mary Cleopha, and he had three brothers, St. James, the Less, St. Simon of Cleophas, and St. Joseph, surnamed the Just.

St. Jude was brought up by his parents a pious and innocent youth. From their close family ties we may presume that in their boyhood days Jesus and he must have frequently associated with one another.

No mention is made of his trade or occupation before his call to the apostolate, but when Our Lord began His public life St. Jude abandoned everything and followed Jesus. From the time that he began to preach the Gospel, St. Jude labored with untiring zeal, especially for the conversion of the Gentiles.

St. Jude wrote an epistle, the style of which is in keeping with the amiable disposition ascribed to him by tradition. His epistle, although one of the shortest in the New Testament, is remarkable for the strength and grandeur of its language.

St. Jude preached the Gospel of Christ amid untold sufferings and persecution in Judea, Samaria, Idumea and Mesopotamia. He seems to

have been among the last of the apostles to die for his Savior.

The numberless souls converted by St. Jude to the true religion aroused the hatred of the unbelievers. Arriving at the town of Suamyr, the infidels, seized with an insane fury, dragged him outside of the city to put him to death.

Authorities differ as to the manner of his death. According to some historians he was pierced with arrows, while others maintain that he was beaten with clubs and his head cleft with an ax.

His body was brought to Rome and is now honored in St. Peter's basilica. Pope Paul III granted a plenary indulgence to all who visit his tomb on his feast day, which is celebrated October 28.

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## Devotion to St. Jude

### **St. Jude, Powerful Helper in Extreme Need**

By reason of the shameful treason of Judas Iscariot against our Savior, the name of Judas had fallen into such disrepute that even the apostle Jude Thaddeus suffered thereby. But it seems that our Divine Redeemer wishes to repair the honor of St. Jude by frequently giving aid to those in extreme distress under condition that they invoke this saint. Our Lord Himself, in a vision, directed St. Bridget of Sweden to turn with great confidence to St. Jude. "In accordance with his surname 'Thaddeus' (the amiable, loving)," said Jesus, "he will show himself most willing to give help."

St. Jude Thaddeus shows his particular assistance and protection in circumstances deemed most difficult and desperate. From earliest times he has been considered a helper in urgent need. Thousands who have implored his aid have received extraordinary and miraculous help in cases which, according to all human calculations, seemed hopeless.

*St. Jude, pray for us,  
And for all who invoke thy aid.*

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## **Nobenas**

### **Short Novena**

O glorious apostle, St. Jude Thaddeus, true relative of Jesus and Mary, I salute thee through the most Sacred Heart of Jesus! Through this Heart I praise and thank God for all the graces He has bestowed upon thee. Humbly prostrate before thee, I implore thee through this Heart to look down upon me with compassion. Oh, despise not my poor prayer; let not my trust be confounded! To thee God has granted the privilege of aiding mankind in the most desperate cases. Oh, come to my aid, that I may praise the mercies of God! All my life I will be grateful to thee and will be thy faithful client until I can thank thee in heaven. Amen.

*St. Jude, pray for us,  
And for all who invoke thy aid.*

# Litany

(For Private Devotion Only)

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ hear us.

Christ graciously hear us.

God the Father of heaven,\*

God the Son, Redeemer of the world,

God the Holy Ghost,

Holy Trinity, one God,

St. Jude, relative of Jesus and Mary,†

St. Jude, while on earth, deemed worthy to see

Jesus and Mary, and to enjoy their company,

St. Jude, raised to the dignity of an apostle,

St. Jude, who hadst the honor of beholding thy

Divine Master humble Himself to wash thy feet,

St. Jude, who at the Last Supper didst receive

the Holy Eucharist from the hands of Jesus,

St. Jude, who after the profound grief which the

death of thy beloved Master caused thee, hadst

the consolation of beholding Him risen from

the dead, and of assisting at His glorious As-

cension,

St. Jude, who wast filled with the Holy Ghost on

the day of Pentecost,

St. Jude, who didst preach the Gospel in Persia,

St. Jude, who didst convert many people to the

Faith,

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\* Have mercy on us.

† Pray for us.



St. Jude, who didst perform wonderful miracles  
with the power of the Holy Ghost,†  
St. Jude, who didst restore an idolatrous king to  
health, both of soul and body,  
St. Jude, who didst impose silence on demons,  
and confound their oracles,  
St. Jude, who didst foretell to a weak prince an  
honorable peace with his powerful enemy,  
St. Jude, who didst take from deadly serpents  
the power of injuring man,  
St. Jude, who, disregarding the threats of the  
impious, didst courageously preach the doc-  
trine of Christ,  
St. Jude, who didst gloriously suffer martyrdom  
for the love of thy Divine Master,  
Blessed apostle, *with confidence we invoke thee!*  
Blessed apostle, *with confidence we invoke thee!*  
Blessed apostle, *with confidence we invoke thee!*  
St. Jude, help of the hopeless, *aid me in my dis-  
tress!*  
St. Jude, help of the hopeless, *aid me in my dis-  
tress!*  
St. Jude, help of the hopeless, *aid me in my dis-  
tress!*  
That by thy intercession, both priests and people  
of the Church may obtain an ardent zeal for  
the Faith of Jesus Christ,\*  
That thou wouldst defend our Sovereign Pontiff  
and obtain peace and unity for the Holy  
Church,  
That all heathens and unbelievers may be con-  
verted to the true Faith,

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† Pray for us.

\* We beseech thee, hear us.

That faith, hope and charity may increase in our hearts.\*  
That we may be delivered from all evil thoughts,  
and from all the snares of the devil,  
That thou wouldst vouchsafe to aid and protect  
all those who honor thee,  
That thou wouldst preserve us from all sin and  
from all occasion of sin,  
That thou wouldst defend us at the hour of  
death, against the fury of the devil and his  
evil spirits,  
That before death we may expiate all our sins by  
sincere repentance and the worthy reception of  
the holy sacraments,  
That we may appease the Divine Justice, and  
obtain a favorable judgment,  
That we may be admitted into the company of  
the blessed, to rejoice in the presence of our  
God forever,  
Lamb of God, who takest away the sins of the  
world,  
Spare us, O Lord.  
Lamb of God, who takest away the sins of the  
world,  
Graciously hear us, O Lord.  
Lamb of God, who takest away the sins of the  
world,  
Have mercy on us, O Lord.

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\* We beseech thee, hear us.

*St. Jude, pray for us,  
And for all who invoke thy aid.*

## Prayer

Glorious apostle, martyr and relative of Jesus, St. Jude Thaddeus, who didst spread the true Faith among the most barbarous and distant nations; who didst win to the obedience of Jesus Christ many tribes and peoples by the power of His holy word, grant, I beseech thee, that from this day I may always obtain thy assistance, particularly in every danger and difficulty, and that I may safely reach the heavenly country, with thee, to adore the Most Holy Trinity, the Father, Son and Holy Ghost, forever and ever. Amen.

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## Nobena Prayer in Trials

(To be said in great affliction, or when one seems to be deprived of all visible help, and for cases despaired of.)

Most holy apostle, St. Jude, faithful servant and friend of Jesus, the name of the traitor who delivered thy beloved Master into the hands of His enemies has caused thee to be forgotten by many, but the Church honors and invokes thee universally as the patron of hopeless cases — of things despaired of. Pray for me who am so miserable; make use, I implore thee, of that particular privilege accorded to thee, to bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need that I may receive the consolations and succor of heaven in all my necessities, tribulations and sufferings, particularly . . . (here make your request) and that I may bless God with thee and all the elect throughout eternity.

I promise thee, O blessed Jude, to be ever mindful of this great favor, and I will never cease to honor thee as my special and powerful patron and do all in my power to encourage devotion to thee, Amen.

*St. Jude, pray for us,  
And for all who invoke thy aid.*

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## Prayer in Grievous Affliction

O St. Jude Thaddeus, thou relative of Jesus Christ, thou glorious apostle and martyr, renowned for thy virtues and miracles, faithful and prompt intercessor of all who honor thee and trust in thee! Thou art a powerful patron and helper in grievous afflictions. I come to thee and entreat thee from the depths of my heart, come to my aid with thy powerful intercession, for thou hast received from God the privilege to assist with thy manifest help, those who almost despair of all hope. Look down upon me; my life is a life of crosses, my days are days of tribulation, and my heart is an ocean of bitterness. All my paths are strewn with thorns, and scarcely one moment passes but is witness of my tears and sighs. And withal, my soul is enveloped in darkness; disquietude, discouragement, mistrust, yes, sometimes even a kind of despair preys upon my soul. Divine Providence seems lost to my sight, and faith seems to falter in my heart. Overwhelmed by these thoughts, I see myself surrounded by a dark cloud. Thou canst not forsake me in this sad plight. I will not depart from thee until thou hast heard me. Oh, hasten to

my aid! I will be grateful to thee all my life. I will honor thee as my special patron, I will thank God for the graces bestowed upon thee, and will propagate thy honor according to my power. Amen. —————

## Way of the Cross

### Prayer

Merciful Jesus, we bow in profound humility before Thy Divine Majesty. We adore Thee as our Lord and Master. We believe in Thee, hope in Thee, and love Thee. We are sorry for having offended Thee, Who art our only and Supreme God. We firmly resolve to amend our life, and, though unworthy to obtain mercy, the sight of Thy Holy Cross, on which Thou didst die, inspires us with peace and consolation. We desire, therefore, to meditate on Thy passion and death and make the Stations in company with Thy sorrowful Mother and our Angel Guardian. We will do this to promote Thy honor and save our soul.

We desire to gain all the indulgences attached to this holy devotion for ourselves and the souls in purgatory.

O loving Jesus, inflame our cold hearts with Thy love, that we may perform this devotion as perfectly as possible, and that we may live and die in union with Thee. Amen.

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### FIRST STATION

#### *Jesus Is Condemned to Death*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou has redeemed the world.

## **Meditation**

Jesus, who never committed nor could commit a sin, is condemned to death — the ignominious death of the Cross. Pilate, to remain the friend of Caesar, delivers Jesus into the hands of His enemies. A fearful crime, to condemn Innocence to death, and displease God, that he may not displease men.

## **Prayer**

O innocent Jesus we have sinned and we are guilty of eternal death. But that we may live Thou acceptest gladly the unjust sentence of death. For whom shall we henceforth live? And whom shall we love if not Thee, Our Lord? Let us rather displease the whole world than not to please Thee alone, O Jesus. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## **SECOND STATION**

### *Jesus Receives the Cross*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

## **Meditation**

When our Divine Redeemer beheld the Cross which He must carry to Calvary, He stretched out His arms, embraced it, placed it on His bruised shoulders, and carried it cheerfully, though He was almost exhausted. We cannot be a friend and follower of Christ if we refrain from carrying our Cross.

## **Prayer**

O desirable and loved Cross. We accept thee with joy from the hands of God. Far be it from us to exult in anything except the Cross of Our Lord and Redeemer. By it the world is crucified to us and we to the world. O Jesus, allow us to share in Thy sufferings that we may be Thine forever. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## **THIRD STATION**

*Jesus Falls the First Time Beneath His Cross*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

## **Meditation**

When our Savior was carrying the Cross, He was so weakened by its heavy weight that He fell, helpless, to the ground. Our sins made His Cross heavy and insupportable.

## **Prayer**

Beloved Jesus, Thou didst carry the heavy weight of our sins. Henceforth we will carry in union with Thee our burden of suffering, and accept the sweet yoke of Thy commandments. We will do this because it is Thy will, telling us "take My yoke upon you, and learn of Me because I am meek and humble of heart, and you shall find rest to your souls." Raise us, in mem-



ory of Thy exhausting fall, and strengthen us that we may never again fall into mortal sin. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## FOURTH STATION

### *Jesus Meets His Afflicted Mother*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

### Meditation

How painful it was for Mary to see her beloved Son covered with blood, crowned with thorns, laden with the Cross, driven through the streets of Jerusalem by a savage mob. What excruciating pains that tender heart of a mother experienced! How earnestly she desired to die instead of Jesus, or at least with Him!

### Prayer

O Jesus, O Mary, we are the cause of the pains that rend your hearts. Would to God that our hearts could feel at least some of your sufferings. O Mother, let us share in the sufferings that you and your Divine Son *endured* for us, so that by patience and resignation we may obtain the grace to meet you and your Divine Son at the hour of death. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.



## FIFTH STATION

*Simon of Cyrene Helps Christ Carry His Cross*

We adore Thee, Christ and praise Thee.  
Because by Thy Holy Cross Thou hast redeemed the world.

### Meditation

Simon of Cyrene was compelled to help Christ carry His Cross because Jesus had grown so weak from the abuse and mistreatment inflicted on Him by the cruel soldiers. Jesus would have been pleased had Simon not been compelled to aid Him, but to have offered his services voluntarily. Remember, beloved souls, Simon was not invited as we are. Jesus calls to us, saying, "Take up your cross and follow Me." Nevertheless we refrain from it—or we carry our cross reluctantly.

### Prayer

O Jesus, how true are Thy words, "He who does not take up his cross and follow Me, is not worthy of Me." Behold, willingly we join Thee in the Way of the Cross, and we desire to patiently carry—until death—the cross Thou hast placed, or which may be placed upon us, that we may become worthy of Thee. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## SIXTH STATION

*Jesus and Veronica*

We adore Thee, Christ and praise Thee.  
Because by Thy Holy Cross Thou hast redeemed the world.

## **Meditation**

Veronica, moved by love and sympathy, presents her veil to Jesus, Whose face was disfigured with blood. He accepts it, imprints on it His holy countenance, and returns it to her as a recompense. Would we have Christ imprint on our heart the portrait of His holy countenance, then must we do Him a service. Jesus has conferred many benefits upon us. We do Christ a service as often as we perform a work of mercy for our neighbor, for He says: "What you have done to the least of My brethren you have done to Me."

## **Prayer**

Dearest Jesus, what return shall we make to Thee for all the benefits Thou hast bestowed upon us? Behold, we consecrate ourselves to Thy holy service. We give Thee our heart. Stamp upon it Thy holy image that we may always remember Thee, and do Thou not forget us. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## **SEVENTH STATION**

### *Jesus Falls the Second Time*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

## **Meditation**

The cruel mob does not permit Christ to rest for a moment, but urges Him onward, and He falls again under the weight of the Cross. Consider, compassionate souls, the cruelty with which

Jesus is mistreated and tramped upon. Reflect at the same time that our sins, particularly our pride and self-will, caused Jesus to fall so painfully to the ground.

### **Prayer**

O Jesus, have mercy on us. Give us Thy helping hand, and aid us not to fall again into sin. We now firmly resolve never to sin again. We will rather die than relapse into sin. O Jesus, strengthen us by Thy grace, without which we are helpless, to carry out our resolution. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## **EIGHTH STATION**

### *Jesus Speaks to the Weeping Women*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

### **Meditation**

Some Jewish women, moved by compassion, weep over Jesus, Who is so cruelly treated. He turns to them and says, "Daughters of Jerusalem, weep not for Me, but weep for yourselves and for your children." We, too, should weep, weep over our sins, because it will be pleasing to our Lord, and useful to ourselves.

### **Prayer**

O Jesus, we beseech Thee, through Thy bitter passion and death, to move our hearts by Thy

divine grace, that we may weep until death over Thy sufferings and for our sins. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## NINTH STATION

### *Jesus Falls A Third Time*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

### **Meditation**

Jesus, almost exhausted, arrived at the foot of Calvary, where He again falls to the ground. Consider how painfully reopened were the wounds of His tender body by these repeated falls. Let us picture to ourselves how great **must** be our sins, because they cast our Lord and Redeemer so often to the ground. Had Jesus not taken our sins upon Himself, and had He not atoned for them, they would have cast **us into** the depths of hell.

### **Prayer**

O merciful Jesus, we thank Thee for not allowing us to die in our sins and fall into hell, as we have so often deserved. Enkindle in us an earnestness to correct our life, and keep us always in Thy grace. Do not permit us ever again to fall into sin, but make us continue faithful in Thy service to the end of our lives. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

## **TENTH STATION**

### *Jesus Is Stripped of His Garments*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

### **Meditation**

With violence the cruel executioners deprived Jesus of His garments, causing Him great anguish and pain. His bloody garments had adhered to His tender body, so that in removing them His skin was torn from His flesh. Jesus intended to be thus deprived of His garments that He might die possessed of nothing. How happy we will die, after having laid aside our sinful habits with their evil desires and tendencies?

### **Prayer**

Let us cast off our old habits and be clothed anew, according to the will of Jesus. Should it be painful to our sensitiveness, we will not spare ourselves, and, with God's grace, we will refrain from sinful pleasures and vain amusements, that we may die happy and live forever. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## **ELEVENTH STATION**

### *Jesus Is Nailed to the Cross*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

## **Meditation**

After Jesus was stripped of His garments, they threw Him with violence on the Cross, nailing His Hands and His Feet thereto, in the most cruel manner. Jesus remained silent, because it had pleased Him that He should be thus treated. He suffered everything patiently, because He suffered for us. How do we act when sufferings and crosses are our portions? How impatient we are and what complaints we make!

## **Prayer**

O Jesus, Thou patient and meek Lamb, we renounce forever the discontent, murmurings and impatience we have hitherto shown in crosses and sufferings. Crucify, O Lord, our flesh, its concupiscences and its vices, but spare us in eternity. We resign ourselves entirely to Thy holy will. May Thy holy will be done in everything. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## **TWELFTH STATION**

### *Jesus Dies on the Cross*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

## **Meditation**

Behold Jesus crucified! Behold His wounds, received for love of us. His whole appearance betokens love. His head is bent to greet us, His arms are extended to embrace us, His heart is open to receive us. Oh, what love! Jesus dies on

the Cross that we may be delivered from eternal death.

### **Prayer**

O Jesus, grant that we may die for love of Thee! We will at least endeavor to die to the world for Thy love. How miserable and bitter does the world with its joys and amusements appear to us as we behold Thee dying on the Cross covered with wounds, crowned with thorns, and despised! Merciful Jesus, take us into Thy wounded and open Heart, that we be Thine forever. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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## **THIRTEENTH STATION**

### *Jesus Is Taken From the Cross*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

### **Meditation**

Jesus did not descend from the Cross, but remained upon it until His death. When He was taken down, He rested in the arms of His beloved Mother. We must persevere in doing good, for "he who perseveres till the end shall be saved."

### **Prayer**

O Lord Jesus crucified! We earnestly entreat Thee to aid us in doing good. Let us not be separated from Thy Cross, for on it we desire to live and die. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.



## FOURTEENTH STATION

### *Jesus Is Laid in the Sepulchre*

We adore Thee, Christ and praise Thee.

Because by Thy Holy Cross Thou hast redeemed the world.

### **Meditation**

The Body of Jesus is laid in the sepulchre of another. He who had nothing in this world whereon to lay His Head would not even possess a grave after death. We whose hearts are attached to this world should despise it, that we may not perish with it.

### **Prayer**

O Jesus, Thou hast selected us from the world: what then shall we seek therein? Thou hast created us for Heaven: what then do we desire upon earth? Depart from us, deceitful world, with your vanities. Henceforth we will walk the Way of the Cross, which our Redeemer has traced out for us, and journey on to our heavenly Fatherland, where our home and our rest will be forever. Amen.

Our Father. Hail Mary. Lord Jesus crucified. Have mercy on us.

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### **Conclusion**

Lord Jesus, we return thanks to Thee with an humble heart for the graces Thou hast granted us during these stations. We offer this devotion to promote Thy greater honor, to obtain the forgiveness of our sins, and remission of the punishment deserved for them, and to console and help the



souls in purgatory. We beseech Thee, O Jesus, do not permit the infinite value of Thy precious Blood, of Thy bitter passion and death, to be lost in our behalf. Do not permit our souls, so dearly bought by Thee, to perish but conduct them in the way that leads to Thee—to eternal joy and glory in heaven. Amen.

Our Father. Hail Mary. Glory for the intention of the Sovereign Pontiff.

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## The Five Wounds

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### St. Gertrude's Salutation of the Five Wounds of Our Savior

Hail, most precious wounds of Jesus, in the omnipotence of the Father, Who decreed you; hail, in the wisdom of the Son, Who endured you; hail, in the goodness of the Holy Ghost Who through you accomplished the work of human redemption. To you I commend myself, into you I plunge myself, that in your shelter I may be secure from the destroyer. Amen.

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### Prayers of St. Clare of Assisi to the Five Wounds of Our Savior

#### 1. *To the Wound in the Right Hand*

Praise be to Thee, O Jesus Christ, for the most sacred wound in Thy right hand. By this adorable wound, and by Thy most sacred Passion,

pardon me all the sins I have committed against Thee in thought, word and deed, and all negligence in Thy service, and all sensuality for which I have been to blame, whether asleep or awake. Grant that I may be able to recall with devotion Thy most pitiful death and sacred wounds; grant me the grace to mortify my body, and so to offer a pledge of my gratitude to Thee. Who livest and reignest forever and ever. Amen. Our Father, Hail Mary, etc.

## 2. *To the Wound in the Left Hand*

Praise and glory be to Thee, O amiable Jesus Christ, for the most sacred wound in Thy left hand. By this adorable wound, have mercy on me, and deign to root out of my heart everything displeasing to Thee. Give me victory over Thy perverse enemies, so that with Thy grace I may be able to overcome them, and by the merits of Thy most pitiful death save me from all the dangers of my present and future life. And then grant that I may share Thy glory in heaven. Who livest and reignest forever and ever. Amen. Our Father, Hail Mary, etc.

## 3. *To the Wound in the Right Foot*

Praise and glory be to Thee, O patient Jesus Christ, for the most sacred wound in Thy right foot; and by that adorable wound grant me grace to do penance for my sins. By Thy most pitiful death I devoutly beg of Thee to keep me, Thy poor servant, united night and day to Thy holy will, and to remove afar off every misfortune of body and soul. And when the day of wrath

shall come, receive me into Thy mercy, and lead me to eternal happiness. Who livest and reignest forever and ever. Amen. Our Father, Hail Mary, etc.

4. *To the Wound in the Left Foot*

Praise and glory be to Thee, O adorable Jesus Christ, for the most sacred wound in Thy left foot; and by this adorable wound grant me the grace of a full pardon, that with Thine aid I may deserve to escape the sentence of eternal reprobation. I pray Thee, moreover, by Thy most holy death, O my loving Redeemer, that I may be able before my death to receive the Sacrament of Thy Body and Blood, after confession of my sins, and with perfect repentance and purity of body and mind. Grant that I may merit also to receive the holy anointing for my eternal salvation, O Lord, Who livest and reignest forever and ever. Amen. Our Father, Hail Mary, etc.

5. *To the Wound in the Sacred Side*

Praise and glory be to Thee, O loving Jesus Christ, for the most sacred wound in Thy side, and by that adorable wound, and by Thy infinite mercy, which Thou didst make known in the opening of Thy breast to the soldier Longinus, and so to us all. I pray Thee, O most gentle Jesus, that having redeemed me by baptism from original sin, so now by Thy Precious Blood, which is offered and received throughout the world, deliver me from all evils, past, present, and to come. And by Thy most bitter death give me a lively faith, a firm hope, and a perfect char-

ity, so that I may love Thee with all my heart, and all my soul, and all my strength; make me firm and steadfast in good works, and grant me perseverance in Thy service, so that I may be able to please Thee always. Amen. Our Father, Hail Mary, etc.

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy death and Blood Thou hast redeemed the world.

### *Let Us Pray*

Almighty and everlasting God, Who by the five wounds of Thy Son, our Lord Jesus Christ, hast redeemed the human race, grant to Thy suppliants that we who daily venerate those wounds, may, by the shedding of His Precious Blood, be freed from sudden and everlasting death. Through the same Christ our Lord. Amen.

(Indulgence of 300 days, once a day—Leo XIII, Nov. 21, 1885.)

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## *Meditation on the Passion at the Mass*

- 1 Priest—Goes to Altar.  
Christ—Goes to Garden of Olives.
- 2 Priest—Commences Mass.  
Christ—Begins to Pray.
- 3 Priest—Says Confiteor.  
Christ—Prostrate in Agony.
- 4 Priest—Kisses the Altar.  
Christ—Betrayed by Judas with Kiss.

- 5 Priest—Goes to Epistle side.  
Christ—Bound and taken to Annas.
- 6 Priest—Goes to middle and says Kyrie  
eleison.  
Christ—Is brought to Caiphas and thrice  
denied by Peter.
- 7 Priest—Says Dominus vobiscum.  
Christ—Looks at Peter and converts him.
- 8 Priest—Reads Orations and Epistle at side.  
Christ—Brought to Pilate.
- 9 Priest—Prays at middle of Altar.  
Christ—Taken to Herod and mocked.
- 10 Priest—Reads Gospel.  
Christ—Taken back to Pilate.
- 11 Priest—Uncovers the Chalice.  
Christ—Stripped of Garments.
- 12 Priest—Offers Bread and Wine.  
Christ—Scourged at Pillar.
- 13 Priest—Covers Chalice.  
Christ—Crowned with Thorns.
- 14 Priest—Washes hands.  
Christ—Declared innocent by Pilate.
- 15 Priest—Says "Orate Fratres."  
Christ—Shown by Pilate "Ecce Homo" or  
"Behold the Man."
- 16 Priest—Says Preface and Sanctus  
Christ—Judged and Condemned.
- 17 Priest—Memento for Living.  
Christ—Carries Cross to Mount Calvary and  
meets His Mother.
- 18 Priest—Blesses Bread and Wine (bell rings).  
Christ—Nailed to Cross.

- 19 Priest—Elevates Sacred Host.  
Christ—Raised on Cross.
- 20 Priest—Elevates Chalice.  
Christ—Sheds His blood from five wounds.
- 21 Priest—Says aloud “Nobis quoque peccatoribus.”  
Christ—Prays for all men.
- 22 Priest—Says Pater Noster or Our Father.  
Christ—Utters the seven last words on the Cross.
- 23 Priest—Breaks Host.  
Christ—Gives up His Spirit and dies.
- 24 Priest—Lets small part of Host fall into Chalice.  
Christ—Descends into Limbo.
- 25 Priest—Says Agnus Dei.  
Christ—Acknowledged to be Son of God by bystanders.
- 26 Priest—Receives Communion.  
Christ—Laid in Sepulchre.
- 27 Priest—Cleanses Chalice.  
Christ—Anointed by pious women.
- 28 Priest—Says Dominus vobiscum.  
Christ—Appears to His Mother and disciples.
- 29 Priest—Says last prayer.  
Christ—Teaches for forty days after Resurrection.
- 30 Priest—Says last Dominus vobiscum.  
Christ—Ascends into Heaven.
- 31 Priest—Gives the Blessing.  
Christ—Sends down the Holy Ghost.



# Prayers for Holy Communion

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- 1.—*They should be said SLOWLY, a few words at a time.*
  - 2.—*It is well to STOP AFTER EVERY FEW WORDS that they may sink into the heart.*
  - 3.—*Each prayer may be said SEVERAL TIMES.*
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## BEFORE HOLY COMMUNION

**Prayer for Help.**—O my God, help me to make a good Communion, Mary, my dearest Mother, pray to Jesus for me. All ye holy Angels and Saints, pray for me. My dear Angel Guardian, lead me to the altar of God.

**Act of Faith.**—O God, because Thou hast said it, I believe that I shall receive the Sacred Body of Jesus Christ to eat, and His precious Blood to drink. My God, I believe this with all my heart.

**Act of Humility.**—My God, I confess that I am a poor sinner, I am not worthy to receive the Body and Blood of Jesus on account of my sins. Lord, I am not worthy that Thou shouldst enter under my roof, say but the word and my soul shall be healed.

**Act of Sorrow.**—My God, I detest all the sins of my life, I am sorry for them, because they have offended Thee, my God, who art all good. I resolve never, never to commit sin any more. My good God, pity me, have mercy on me, forgive me. Amen.

**Act of Adoration.**—O Jesus, great God, present

on the Altar, I bow down before Thee. I adore Thee.

**Act of Love and Desire.**—Sweet Jesus, I love Thee. I desire with all my heart to receive Thee. Most sweet Jesus, come into my poor soul and give me Thy Flesh to eat and Thy Blood to drink. Give me *Thy whole self*, Body, Blood, Soul, and Divinity, that I may live forever with Thee.

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## IN RECEIVING HOLY COMMUNION

(1) In going to the Altar-rails, and returning to your place, keep your *hands* joined, your *eyes* cast down, and your *thoughts* on Jesus Christ.

(2) At the Altar-rails, take the Communion cloth and spread it before you, under your chin.

(3) Hold your head straight up, keep your eyes closed, your mouth well open, and your tongue out, resting on the under lip. Then with great outward reverence, receive the Sacred Host, saying in your heart with all the faith of St. Thomas "My Lord and my God."

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## AFTER HOLY COMMUNION

**Act of Faith.**—O Jesus, I believe that I have received Thy Flesh to eat and Thy Blood to drink, because Thou hast said it and Thy word is true.

**Act of Adoration.**—O Jesus, my God, my Creator, I adore Thee, because from Thy Hands I came, and with Thee I am to be happy forever.

**Act of Humility.**—O Jesus, I am but dust and



ashes, and yet Thou hast come to me, and my poor heart may speak to Thee.

**Act of Love.**—Sweet Jesus, I love Thee; I love Thee with all my heart. Thou knowest that I love Thee and wish to love Thee daily more and more.

**Act of Thanksgiving.**—My good Jesus, I thank Thee with all my heart. How good, how kind Thou art to me, sweet Jesus! Blessed be Jesus in the most Holy Sacrament of the Altar.

**Act of Offering.**—O Jesus, receive my poor offering. Jesus, Thou hast given Thyself to me, and now let me give myself to Thee:

I give Thee my *body*, that it may be chaste and pure.

I give Thee my *soul*, that it may be free from sin.

I give Thee my *heart*, that it may always love Thee.

I give Thee every breath that I shall breathe, and especially my last; I give Thee *myself* in life and in death, that I may be Thine for ever and ever.

Remember the words of Jesus: "Ask and you shall receive," and

### **PRAY FOR YOURSELF**

O Jesus, wash away my sins with Thy Precious Blood.

O Jesus, the struggle against temptation is not yet finished. My Jesus, when temptation comes near me, make me strong against it. In the mo-

ment of temptation may I always say, "Jesus, mercy!" "Mary, help!"

O Jesus, may I lead a good life; may I die a happy death. May I receive You before I die. May I say when I am dying, "Jesus, Mary, Joseph, I give you my heart and my soul."

*Listen*, now for a moment, to Jesus Christ; perhaps He has something to say to you. There may be some promise you have made and broken, which He wishes you to make again and keep.

*Answer* Jesus, in your heart and tell Him all your troubles. Then

### PRAY FOR OTHERS

O Jesus, have mercy on Thy Holy Church; take care of it.

O Jesus, have pity on *poor sinners*, and save them from hell.

O Jesus, bless my father, my mother, my brothers and sisters, and all I ought to pray for, as Your kind heart knows how to bless them.

O Jesus, have pity on the *poor souls burning in the flames of purgatory*, and give them eternal rest.

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Sweet Jesus, I am going away for a time, but I trust not without You. You are with me by Your grace. I will never leave You by mortal sin. I do not fear to do so, though I am so weak, because I have *such hope* in You. Give me grace to persevere. Amen.

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## MY DAILY PRAYER

I BELIEVE in one God. I believe that God rewards the good, and punishes the wicked.

I BELIEVE that in God there are three Divine Persons—God the Father, God the Son, and God the Holy Ghost.

I BELIEVE that God the Son became Man, without ceasing to be God. I believe that He is my Lord and my Saviour Jesus Christ, the Redeemer of the human race, Who died on the Cross for the salvation of all men, Who died also for me.

I BELIEVE, on God's authority, everything that He has taught and revealed.

O MY GOD, give me strong faith. O my God, help me to believe with lively faith.

O MY GOD, relying on Thy almighty power and infinite mercy and promises, I sincerely hope to be saved. Help me to do all that is necessary for my salvation.

I HAVE committed many sins in my life, but now I turn away from them, and hate them. I am sorry, truly sorry for all of them, because I have offended Thee, my God, who are all-good, all-perfect, all-holy, all-merciful—my kind and loving Father.

I LOVE Thee, O my God, with all my heart. Forgive me, I implore Thee, for having offended Thee.

I PROMISE, O God, that with Thy help, I will never offend Thee again.

MY GOD, HAVE MERCY ON ME.

